**Pre Flight Check:**

Camera is charged/plugged in

Memory Card is inserted/has enough memory

Microphone is plugged into camera/computer

Screen Capture software is ready to start  
Check screen capture volume capture if relevant (Have it nice and loud as you can always turn it down in your editing software.)

Audio recording software is ready to start

Camera is on.  
Camera settings are optimal. (Resolution, Frame Rate, colour settings.)

Camera position and Microphone position is optimal.  
Your voice is warm and you have your intro rehearsed.  
Sound check your voice with your camera/recording software, you don’t want to be peaking (Mic turned up too loud and it distorts voice.)

You have eaten and have a cup of water close by

You don’t need to go to the toilet.

**Flight Check:**  
Camera is rolling.

Screen Capture Software is rolling.

Audio Recording Software is rolling.

You have performed a “Sync Action” (Clap your hands in front of camera, or count to 10 while pressing a button on your console ect.)

**Post Flight Check:**

Camera has been stopped.  
Audio Recording Software has been stopped.

Screen Capture Software has been stopped.

Export Video/audio from your softwares.  
Copy footage from camera.  
Check volume levels came out alright.

Place camera on charge if needed.