Digital health literacy

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Welcome to the Digital health literacy online training program.

The program will introduce to you to digital health resources to empower your community in managing their own health literacy. The focus of the resources training is My Health Record, the Australian Government-developed online portal offering every Australian a streamlined, digital approach to managing their health data and history.

This training package will also offer the skills needed to deliver digital health literacy training to your community, enabling them to make the most of the multitude of health resources available online, including My Health Record, and the many resources already available through libraries and beyond.

When you receive your training invitation

- Work through the 8 modules

  Your invitation email will contain the date range to complete each module below. Allow 30 mins per module on average.

  You can work through the program at your own pace. Just return to the landing page and click the tile for your next module when you are ready.

- Post-training Survey

  Upon completion of the final module, complete the post-training survey that will be emailed to you

The course modules are browser-based modules and can be accessed in web-browsers on desktop and laptop computers and tablets. Desktop and laptop access will provide the best experience, but if using a tablet, the course content is customized for landscape use only. For best results, Chrome is recommended.

Module 1Introduction Module 2Getting connected to My Health Record Module 3My Health Record in depth Module 4A secure system Module 5Online training simulator Module 6Community partnerships-working together Module 7Resources Module 8Incorporating health awareness

in existing library programming

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