Inspiring Joan

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Inspiring people:

Age: 82

Digital skills: None, relied on her husband

Device: None

Since her husband passed away last year, Joan has found herself becoming increasingly lonely and depressed. Her son lives over 300 km away so only visits her occasionally.

"I don't really understand this internet thing. My son talks about it sometimes and shows me pictures of the family, which is nice. It all seems a bit complicated and I've enough to cope with at my age, such as sorting out all my medication. And it takes longer to do the shopping these days..."

Inspiring Joan

Based on Joan's profile above, suggest some ways you could inspire her to get interested in getting online!

Please feel free to comment on or reply to any other contributions.

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